AWARD NUMBER: W81XWH-15-1-0437

TITLE: Biomarkers and Brain Mechanisms of Gulf War Illness

PRINCIPAL INVESTIGATOR: Dikoma C. Shungu, Ph.D.

RECIPIENT: Weill Medical College of Cornell University

New York, NY 10065

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PREPARED FOR: U.S. Army Medical Research and Materiel Command

Fort Detrick, Maryland 21702-5012

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REPORT DOCUMENTATION PAGE

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13. SUPPLEMENTARY NOTES

14. ABSTRACT: [no new findings; original abstract provided] Gulf War illness (GWI), a chronic and debilitating pain, headaches, impaired memory and thinking, fatigue, respiratory and gastrointestinal symptoms, and skin abnormalities. Exposure and sensitivity to chemical, pharmaceutical and/or environmental toxins in a combat theater of operations is believed to be causative of the illness. The pathobiological mechanisms of GWI are unknown; there are no validated diagnostic tests, nor are there effective treatments or cures. This is a case-control study consisting of 20 Gulf War veterans affected with GWI and 20 matched non-affected Gulf War veterans, who will serve as the normal control group. All subjects will undergo brain positron emission tomography and magnetic resonance imaging scans for assessments of metabolic or neurochemical disturbances that may be associated with GWI. In all consenting participants, a lumbar puncture will be performed to obtain cerebrospinal fluid (CSF), which will be analyzed for abnormalities in biochemical compounds that may be related to GWI. The derived neuroimaging and CSF metabolic or biochemical data will be compared between the groups to determine if there are abnormal changes in GWI veterans compared to controls, which may shed new light onto the pathophysiology of GWI, as well as serve as biomarkers of the disorder.

15. SUBJECT TERMS

Gulf War illness, neuroinflammation, oxidative stress, mitochondrial dysfunction, magnetic resonance imaging (MRI), Positron Emission Tomography (PET)

16. SECURITY CLAS	SIFICATION OF:		17. LIMITATION OF ABSTRACT	18. NUMBER OF PAGES	19a. NAME OF RESPONSIBLE PERSON USAMRMC
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TABLE OF CONTENTS

		Page No.
1.	Introduction	4
2.	Keywords	4
3.	Accomplishments	4
4.	Impact	8
5.	Changes/Problems	10
6.	Products	12
7.	Participants & Other Collaborating Organizations	15
8.	Special Reporting Requirements	17
9.	Appendices	17

1. INTRODUCTION: Narrative that briefly (one paragraph) describes the subject, purpose and scope of the research.

The overall objective of this study is to evaluate the suitability of a number of endogenous chemical compounds or metabolites to serve as sensitive brain imaging and cerebrospinal fluid (CSF) biomarkers of pathologic alterations in Gulf War illness (GWI) for use to facilitate early diagnosis, to assess disease progression and to monitor therapeutic response in future clinical trials of promising interventions. This is a case-control study that will enroll 20 Gulf War veterans affected with GWI and 20 matched non-affected Gulf War veterans, who will serve as the normal control group. All subjects will undergo brain positron emission tomography (PET) and magnetic resonance imaging (MRI) scans to assessment metabolic or neurochemical disturbances that may be associated with GWI. In all consenting participants, a lumbar puncture will be performed to obtain CSF samples, which will be analyzed for abnormalities in biochemical compounds that may be related to GWI. The derived neuroimaging and CSF metabolic or biochemical data will be compared between the groups to determine if there are abnormal changes in GWI veterans compared to controls, which may shed new light onto the pathophysiology of GWI, as well as serve as biomarkers of the disorder.

2. KEYWORDS: Provide a brief list of keywords (limit to 20 words).

Gulf War illness, Neuroinflammation, Oxidative Stress, Mitochondrial Dysfunction; Magnetic Resonance Imaging, Positron Emission Tomography

3. ACCOMPLISHMENTS: The PI is reminded that the recipient organization is required to obtain prior written approval from the awarding agency Grants Officer whenever there are significant changes in the project or its direction.

What were the major goals of the project?

List the major goals of the project as stated in the approved SOW. If the application listed milestones/target dates for important activities or phases of the project, identify these dates and show actual completion dates or the percentage of completion.

RESEARCH-SPECIFIC TASKS:		
For All Specific Aims: Recruitment & Regulatory Approvals	Timeline	Site(s)
Major Task 1: GWI and Non-GWI Subject Recruitment	Months	ALL
Subtask 1: Establish formal contact between Mount Sinai Beth Israel (MSBI) Medical Center and the New Jersey War Related Illness & Injury Study Center [NJ WRIISC] to discuss strategy for recruiting GWI and non-GWI veterans for the study.	1	Dr. Natelson & Dr. Helmer

Subtask 2: Develop complementary or cooperative IRB protocols, including study advertisement material that would enable seamless recruitment/characterization of subjects at NJ WRIISC/MSBI and referral to Weill Cornell Medicine [WCM].	1-3	Drs. Natelson, Helmer & Shungu
Subtask 3: Submit IRB protocols at each participating Institution. Second-tier DoD human subjects regulatory review and approval conducted by the Office of Research Protections, Human Research Protections Office (HRPO).	3-6	Drs. Natelson, Helmer & Shungu; HRPO
Milestone(s) Achieved: All IRB protocols approved; recruitment starts in earnest by month 6 and will continue to end of project	6-30	Drs. Natelson, Helmer
Specific Aim 1: Neuroimaging Biomarkers Studies		
Major Task 2: Conduct <i>in vivo</i> brain ¹¹ C-(R)-PK11195 PET to assess neuroinflammation		WCM
Subtask 1: Order supply for producing the radioligand and review chemistry and PET scanning protocol.	1-6	Dr. Babich
Subtask 2: Conduct PET scans in 10 GWI and 10 non-GWI veterans	6-30	Dr. Babich
Milestone(s) Achieved: Availability of radioligand on demand to end of study; clear ability to obtain good PET scans, reproducibly, in each subject using the PK11195 PET technique	30	
Major Task 3 : To conduct ¹ H and ³¹ P MRS studies for assessment of oxidative stress and mitochondrial dysfunction <i>in vivo</i> . Assess cerebral blood flow using ASL-MRI.		WCM
Subtask 1: Protocols for achievement of this Major Task are already fully developed and being used in an ongoing study in chronic fatigue syndrome that is identical to the one we are proposing in GWI. The protocol will be reviewed with the MR neuroimaging team to ensure its flawless implementation.	1-6	Dr. Shungu
Subtask 2: Conduct ¹ H and ³¹ P MRS and scan in 20 GWI and 20 non-GWI veterans to assess oxidative stress and mitochondrial dysfunction; also measure CBF in all 40 subjects using ASL-MRI.	6-30	Dr. Shungu
Milestone(s) Achieved: Clear ability to obtain high-quality ¹ H and ³¹ P MR spectra, as well as ASL-MRI CBF maps in each enrolled subject.	30	

Specific Aim 2: CSF Biomarkers		
Major Task 4: Collect CSF samples from all consenting subjects for validation of neuroimaging biomarkers.		WCM
Subtask 1: Collect and cryo-freeze CSF samples using lumbar puncture	6-30	Dr. Mangat
Milestone(s) Achieved: Clear ability to collect and freeze CSF samples for later analyses to determine markers of oxidative stress and neuroinflammation (cytokines, including IL-17).	30	
For Specific Aims 1 & 2: Data Analysis and Hypothesis Testing		
Major Task 5: Data Analysis, Reduction, Statistical Analyses.		WCM
Subtask 1: Analyze/process and reduce the data from all the active tasks, combine with the clinical data in a master database and perform statistical analyses and hypothesis testing.	30-36	All investigator s with Dr. Shungu supervising
Milestone(s) Achieved: Determination of whether: (a) neuroinflammation, oxidative stress and mitochondrial dysfunction play a role in GWI pathobiology; and (b) the outcome measures either individually or in concert can serve as biomarkers for GWI and point to potential brain mechanisms for the illness. Submission of at least 3 manuscripts for publication.	36	

What was accomplished under these goals?

For this reporting period describe: 1) major activities; 2) specific objectives; 3) significant results or key outcomes, including major findings, developments, or conclusions (both positive and negative); and/or 4) other achievements. Include a discussion of stated goals not met. Description shall include pertinent data and graphs in sufficient detail to explain any significant results achieved. A succinct description of the methodology used shall be provided. As the project progresses to completion, the emphasis in reporting in this section should shift from reporting activities to reporting accomplishments.

The primary activities for the first year of this research were

- (a) To obtain regulatory approvals and planning subject recruitment.
- (b) To carry out neuroimaging biomarkers studies on the enrolled GWI and non-GWI subjects, consisting of:
 - 1) brain ¹¹C-(R)-PK11195 PET scan to assess neuroinflammation
- 2) 1H and 31P MRS scans to assess oxidative stress and mitochondrial dysfunction in vivo; and ASL-MRI to measure regional cerebral blood flow.
- 3) to collect blood plasma/urine, and in consenting subjects, CSF samples from for corroboration with and validation of neuroimaging biomarkers.

Accomplishment goals to date: Much of the activities to date were devoted to working with the participating institutions' and the sponsors (DoD HRPO) IRBs to satisfy the regulatory requirements and obtain approvals to engage in research studies involving human subjects studies. Due to a delay in fulfilling all these regulatory requirements, there has been a lag in initiating the recruitment of subjects and other research activities – namely, conducting the neuroimaging assessments and collecting body fluid samples – proposed for this reporting period. We are, however, able to report that as of 12 July 2016 this study obtained the final approval by the DoD HRPO to begin both the recruitment and assessment phases of the project.

After the study was cleared to begin by the DoD HRPO, we have accomplished the following toward beginning to recruit the study:

- (a) We have submitted and obtained IRB approval of additional advertising material to be posted at various VA centers and online.
- (b) We have hired a dedicated study coordinator at Mount Sinai Beth Israel who would be the primary contact with all the recruitment sites, but especially with the New Jersey War Related Illness & Injury Study Center [NJ WRIISC] where she is being currently evaluated for clearance to serve in this important role.
- (c) We submitted a request to and recently obtained approval from John G. Hay, M.D., Associate Chief of Staff for Research & Development for the VA New York Harbor Healthcare System, to serve as a referral and advertisement site for our study.

Therefore, as of the preparation of this report, we are poised to begin recruiting for the study in earnest. All the laboratory, clinical, neuroimaging components the study are in places, as are the investigators responsible their implementation as soon as a participant is enrolled.

What opportunities for training and professional development has the project provided? If the project was not intended to provide training and professional development opportunities or there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe opportunities for training and professional development provided to anyone who worked on the project or anyone who was involved in the activities supported by the project. "Training" activities are those in which individuals with advanced professional skills and experience assist others in attaining greater proficiency. Training activities may include, for example, courses or one-on-one work with a mentor. "Professional development" activities result in increased knowledge or skill in one's area of expertise and may include workshops, conferences, seminars, study groups, and individual study. Include participation in conferences, workshops, and seminars not listed under major activities.

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

How were the results disseminated to communities of interest?

If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe how the results were disseminated to communities of interest. Include any outreach activities that were undertaken to reach members of communities who are not usually aware of these project activities, for the purpose of enhancing public understanding and increasing interest in learning and careers in science, technology, and the humanities.

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

Describe briefly what you plan to do during the next reporting period to accomplish the goals and objectives.

Our plan for the next reporting period is to briskly move forward with the study by advertising and recruiting participants, which is the only aspect of this study that requires a great of effort. All the other study protocols and procedures are already in place because they were previously and, in fact, are currently being implemented in similar NIH-sponsored studies in chronic fatigue syndrome (CFS). Therefore, for the next reporting, we plan to report on our readiness and our progress in implementing the study based on our initial experience recruiting and conducting the study assessments. We also plan to propose any adjustments that may be necessary to ensure continued progress toward a timely completion of the study.

4. IMPACT: Describe distinctive contributions, major accomplishments, innovations, successes, or any change in practice or behavior that has come about as a result of the project relative to:

What was the impact on the development of the principal discipline(s) of the project? If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe how findings, results, techniques that were developed or extended, or other products from the project made an impact or are likely to make an impact on the base of knowledge, theory, and research in the principal disciplinary field(s) of the project. Summarize using language that an intelligent lay audience can understand (Scientific American style).

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

What was the impact on other disciplines?

If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe how the findings, results, or techniques that were developed or improved, or other products from the project made an impact or are likely to make an impact on other disciplines.

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

What was the impact on technology transfer?

If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe ways in which the project made an impact, or is likely to make an impact, on commercial technology or public use, including:

- transfer of results to entities in government or industry;
- instances where the research has led to the initiation of a start-up company; or
- *adoption of new practices.*

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

What was the impact on society beyond science and technology?

If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe how results from the project made an impact, or are likely to make an impact, beyond the bounds of science, engineering, and the academic world on areas such as:

- improving public knowledge, attitudes, skills, and abilities;
- changing behavior, practices, decision making, policies (including regulatory policies), or social actions; or
- improving social, economic, civic, or environmental conditions.

There is <u>nothing to report</u> since the study just obtained IRB and other regulatory clearances, and is now poised to begin recruiting its first subjects.

ing period and reasons for these changes. scope require prior approval of the agency. ned IRB and other regulatory clearances, ts.
ons or plans to resolve them reporting period and actions or plans to Ty additional regulatory requirements by dies at all the participating institutions. Ements were described under the section
tures ay have had a significant impact on avorable developments that enable meeting
n

Significant changes in use or care of human subjects, vertebrate animals, biohazards, and/or select agents

Describe significant deviations, unexpected outcomes, or changes in approved protocols for the use or care of human subjects, vertebrate animals, biohazards, and/or select agents during the reporting period. If required, were these changes approved by the applicable institution committee (or equivalent) and reported to the agency? Also specify the applicable Institutional Review Board/Institutional Animal Care and Use Committee approval dates.

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None
Significant changes in use or care of vertebrate animals.
Not applicable
Significant changes in use of biohazards and/or select agents
Not applicable

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presentation produced a manuscript.

Nothing to Report.

	to Report.
Identify te	gies or techniques chnologies or techniques that resulted from the research activities. In additional ption of the technologies or techniques, describe how they will be shared.
Nothing to	Report.
	s, patent applications, and/or licenses
Identify in the resear	s, patent applications, and/or licenses ventions, patent applications with date, and/or licenses that have resulted from th. State whether an application is provisional or non-provisional and indication number. Submission of this information as part of an interim research

• Other Products

Identify any other reportable outcomes that were developed under this project. Reportable outcomes are defined as a research result that is or relates to a product, scientific advance, or research tool that makes a meaningful contribution toward the understanding, prevention, diagnosis, prognosis, treatment, and/or rehabilitation of a disease, injury or condition, or to improve the quality of life. Examples include:

- data or databases;
- biospecimen collections;
- audio or video products;
- software;

- models;
- educational aids or curricula;
- instruments or equipment;
- research material (e.g., Germplasm; cell lines, DNA probes, animal models);
- *clinical interventions;*
- new business creation; and
- other.

Nothing	to	Report.
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7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS

What individuals have worked on the project?

Provide the following information for: (1) PDs/PIs; and (2) each person who has worked at least one person month per year on the project during the reporting period, regardless of the source of compensation (a person month equals approximately 160 hours of effort). If information is unchanged from a previous submission, provide the name only and indicate "no change."

Name: Dikoma C. Shungu, Ph.D.

Project Role: PI

Researcher Identifier (e.g. ORCID ID): orcid.org/0000-0001-9452-2245

Nearest person month worked: 1 calendar Month

Contribution to Project: Dr. Shungu oversees all the MR Neuroimaging aspects the

proposed research, as well as its day-to-day coordination

of the study.

Name: Xiangling Mao, M.S.

Project Role: Co-I

Researcher Identifier (e.g. ORCID ID): orcid.org/0000-0003-2274-8282

Nearest person month worked: 1 Calendar Month

Contribution to Project: Ms. Mao performs work in the area of regulatory activity,

MR Scan and data processing.

Name: Yeona Kang, Ph.D.

Project Role: Co-I

Nearest person month worked: 1 Calendar Month

Contribution to Project: Dr. Kang will be involved in measuring the arterial input

functions.

Name: Benjamin H. Natelson, M.D.

Project Role: Co-investigator (sub-site PI at ISMMS)

Nearest person month worked: 1 Calendar Month

Contribution to Project: Dr. Natelson performs work in the area of subject

recruitment and characterization.

Name: Diana Vu

Project Role: Study coordinator at ISMMS

Nearest person month worked: 1 Calendar Month

Contribution to Project: Ms. Vu performs work in the area of IRB, scheduling and

subject recruitment.

Name: Michelle Blate

Project Role: Nurse Practitioner at ISMMS

Nearest person month worked: 1 Calendar Month

Contribution to Project: Ms. Blate evaluates veterans to be sure none has a medical

condition which might explain his or her symptoms.

If there is nothing significant to report during this reporting period, state "Nothing to Report."

If the active support has changed for the PD/PI(s) or senior/key personnel, then describe what the change has been. Changes may occur, for example, if a previously active grant has closed and/or if a previously pending grant is now active. Annotate this information so it is clear what has changed from the previous submission. Submission of other support information is not necessary for pending changes or for changes in the level of effort for active support reported previously. The awarding agency may require prior written approval if a change in active other support significantly impacts the effort on the project that is the subject of the project report.

Completed Research Support (previously active grants have closed)

1 R21 AG-041509 (Shungu) 09/15/11-08/31/16 (NCE)

1 R01 MH-093637 (Milak) 07/01/11-04/30/15

1 P01 HD32062 (DiMauro) 03/01/11 -02/28/15

Active Research Support (previously pending grants are now active)

R01 MH-101479 (Gabbay) 04/01/14-03/31/19, 0.5 CM

P01 HD080642 (De Vivo) 09/30/14-05/31/19, 1.2 CM

What other organizations were involved as partners?

If there is nothing significant to report during this reporting period, state "Nothing to Report."

Describe partner organizations – academic institutions, other nonprofits, industrial or commercial firms, state or local governments, schools or school systems, or other organizations (foreign or domestic) – that were involved with the project. Partner organizations may have provided financial or in-kind support, supplied facilities or equipment, collaborated in the research, exchanged personnel, or otherwise contributed.

Provide the following information for each partnership:

Organization Name:

Location of Organization: (if foreign location list country)

Partner's contribution to the project (identify one or more)

- Financial support;
- *In-kind support (e.g., partner makes software, computers, equipment, etc., available to project staff);*
- Facilities (e.g., project staff use the partner's facilities for project activities);
- Collaboration (e.g., partner's staff work with project staff on the project);
- Personnel exchanges (e.g., project staff and/or partner's staff use each other's facilities, work at each other's site); and
- Other.

Organization Name: Icahn School of Medicine at Mount Sinai Location: One Gustave L. Levy Place, New York, NY 10029-6574 Partner's contribution to the project: Facilities and collaboration

8. SPECIAL REPORTING REQUIREMENTS

COLLABORATIVE AWARDS: For collaborative awards, independent reports are required from BOTH the Initiating PI and the Collaborating/Partnering PI. A duplicative report is acceptable; however, tasks shall be clearly marked with the responsible PI and research site. A report shall be submitted to https://ers.amedd.army.mil for each unique award.

QUAD CHARTS: If applicable, the Quad Chart (available on https://www.usamraa.army.mil) should be updated and submitted with attachments.

9. APPENDICES: Attach all appendices that contain information that supplements, clarifies or supports the text. Examples include original copies of journal articles, reprints of manuscripts and abstracts, a curriculum vitae, patent applications, study questionnaires, and surveys, etc.